

Bless The God Of Blessings

Ephesians 1:1-14

Main Idea

Praise God for all He has done for us.

Praise God, you've been:

- blessed with every spiritual blessing v 3
- chosen to be holy v 4
- predestined for _____ v 5
- blessed and lavished with grace v 6,8
- redeemed and forgiven v 7
- given insight into God's will and plans v 9
- predestined to obtain an inheritance v 11
- sealed with _____ as the

guarantee of your inheritance v 13-14

Application

- Limit worldly clutter that distracts you from spiritual realities
- Meditate on what God has done for you
- Bless God for how He has blessed you
- Share the Gospel so other people can hear and believe (Eph 1:13; Rom 10:14)

Discussion Questions

1. Do you share Paul's sense of spontaneous praise for what God has done for you?
2. Do you regularly reflect on how blessed you are in Jesus?
3. Do you let this reality shape the way you live?
4. Do you live to extend these blessings to others?